

1. General Provisions

- 1.1. These Regulations set out the conditions for participation in voyages and for the organisation of life aboard STS “General Zaruski”.
- 1.2. Reading and accepting these Regulations is a condition of participation in a voyage aboard STS “General Zaruski”.
- 1.3. The Shipowner and organiser of voyages aboard STS “General Zaruski” is Gdański Ośrodek Sportu (Gdańsk Sports Centre), ul. Traugutta 29, 80-221 Gdańsk, Poland. NIP (Tax Identification Number): 583-001-05-79; REGON (National Business Registry Number): 000589228.
- 1.4. Any matters not provided for in these Regulations shall be determined on the basis of:
 - 1.4.1. the provisions of the Maritime Code;
 - 1.4.2. the principles of good seamanship;
 - 1.4.3. the orders and recommendations of the Master of STS “General Zaruski”.

2. Objectives

- 2.1. The mission of STS “General Zaruski” (hereinafter referred to as the “Ship”) is to promote sailing, provide maritime education and serve as an ambassador for the maritime aspirations of the City of Gdańsk.
- 2.2. The purpose of operating the Ship is to provide sailing training and maritime education for young people and adults; promote volunteering; cooperate within local and supra-regional sailing programmes; promote maritime traditions; and represent the City of Gdańsk. The Ship also acts as a maritime ambassador for the Hanseatic City of Gdańsk, promoting its links with the sea in Poland and abroad. The Ship is used to meet the broadly understood needs of the City of Gdańsk and to co-organise voyages.

3. Crew

- 3.1. Given the Ship’s training purpose, all persons embarked for a voyage are referred to as the crew.
- 3.2. The crew is divided into the officers’ crew and the training crew.
 - 3.2.1. The officers’ crew is employed by the Shipowner. It comprises the Master, Technical Officer, First Officer and watchkeeping officers. Where justified, an additional member of the officers’ crew— instructor/watchkeeping officer—or teaching staff may participate on terms agreed with the Shipowner.
 - 3.2.1.1. The Master, as commander of the Ship, is responsible for the safety of the Ship and its crew.
 - 3.2.1.2. The Technical Officer is responsible for the proper technical condition of the Ship and stands navigational watch.
 - 3.2.1.3. The First Officer is responsible for the proper implementation of the educational and training programme, is responsible for provisioning and stands navigational watch.
 - 3.2.1.4. Watchkeeping officers independently stand navigational watches and ensure the safety of navigation.
 - 3.2.2. The training crew consists of the other voyage participants (hereinafter referred to as the “Participants”), who are divided into watches. Each watch appoints a watch leader—the most

experienced sailor—to assist in organising the work of that watch. In most cases, instructors and educators taking part in the voyage act as watch leaders.

3.2.3. A Participant forming part of the training crew must be at least 15 years of age and must have no medical condition or other impediment that would prevent them from undertaking a sea voyage.

3.2.4. A Participant who cannot swim must inform a member of the Ship's permanent crew before the voyage begins.

4. Organisation of Life Aboard the Ship

4.1. Embarkation and disembarkation

4.1.1. Participants embark when they are accepted aboard the Ship, present the relevant documents (passport, identity card and/or seaman's book) to the First Officer, and are entered on the crew list. Embarked Participants may place the relevant documents (passport, identity card and/or seaman's book) in safekeeping.

4.1.2. Disembarkation takes place after the Ship has been fully tidied and made ready, and documents deposited at embarkation have been returned to the crew.

4.2. Crew training

4.2.1. Training aboard the Ship may be divided into two categories:

4.2.2. The first category concerns safety and the operation of the Ship. It includes familiarisation with:

4.2.2.1. the alarm and emergency station bill;

4.2.2.2. the location of life-saving and fire-fighting equipment;

4.2.2.3. the location of emergency exits;

4.2.2.4. the use of lifejackets and safety harnesses;

4.2.2.5. the rigging and deck equipment.

4.2.3. The second category concerns the Participants' personal development through acquiring sailing knowledge and skills, learning to work as a team, recognising their strengths and weaknesses, developing their interests and broadening their horizons.

4.3. Division into watches

4.3.1. The crew stands the following watches:

4.3.1.1. Navigational watch

4.3.1.1.1. is responsible for the safe operation of the Ship, including steering, navigation, radio watch, visual and radar lookout, compliance with the rules of the road, displaying the appropriate lights or day shapes, receiving weather forecasts, warnings and safety messages, keeping the ship's log and carrying out necessary sailing manoeuvres;

4.3.1.1.2. begins with a muster on the windward side of the aft deck five minutes before the scheduled start of the watch;

4.3.1.1.3. crew members must report for watch dressed appropriately for the weather and wearing safety harnesses;

4.3.1.1.4. before the watch begins, the watchkeeping officer gives instructions and the watch leader assigns stations to crew members;

4.3.1.1.5. the watch must be taken over and handed over punctually, at the time specified in the watch schedule;

4.3.1.1.6. during a navigational watch, crew members may go below deck only on the instruction of the watchkeeping officer;

4.3.1.1.7. between 22:00 and 06:00, a person designated by the watchkeeping officer must inspect the Ship's interior every hour, paying attention to any unusual

circumstances, such as smoke or unfamiliar smells, switching off unnecessary lights and securing loose or movable objects;

4.3.1.1.8. ends when the watch has been handed over to the next watch, the crew has mustered on the windward side of the aft deck and the watchkeeping officer has released the watch.

4.3.1.2. Anchor watch

4.3.1.2.1. is responsible, while the Ship is at anchor, for monitoring conditions at sea and in the anchorage, checking the geographical position and depth, checking that the anchor is holding and monitoring the position of the anchor chain, ensuring that the Ship is properly illuminated and maintaining a radio watch;

4.3.1.2.2. keeps the deck tidy and carries out rounds of the Ship between 22:00 and 06:00 in the same manner as the navigational watch;

4.3.1.2.3. where conditions permit, may be stood alongside the watchkeeping officer by two crew members taking turns every hour.

4.3.1.3. Galley watch (domestic watch)

4.3.1.3.1. lasts 24 hours, with the changeover at 21:00;

4.3.1.3.2. prepares and serves meals at the times specified in the daily schedule;

4.3.1.3.3. cleans up after meals and washes the dishes;

4.3.1.3.4. keeps all compartments and areas of the Ship tidy;

4.3.1.3.5. strictly observes hygiene and safety rules, particularly when working in the galley.

4.3.1.4. Port watch

4.3.1.4.1. is responsible for the safe mooring of the Ship and monitors the mooring lines and fenders;

4.3.1.4.2. is responsible for proper supervision of the Ship, including checking persons boarding and leaving it;

4.3.1.4.3. keeps the deck tidy and carries out rounds of the Ship between 22:00 and 06:00.

4.3.2. The current watch schedule is posted in the navigation cabin and the crew mess.

4.4. Daily schedule

4.4.1. The following daily schedule applies aboard the Ship:

07:00	Wake-up
07:00–07:30	Morning hygiene
07:30	Breakfast
08:00	Flag-raising and muster on deck
09:00–13:00	Programme activities
13:30	Lunch
16:30	Afternoon snack
19:30	Dinner
22:00–07:00	Quiet hours

4.5. Discipline and conduct aboard the Ship

4.5.1. Participants forming part of the training crew must comply with these Regulations and participate, as agreed with the Organiser, in all work required for the operation of the Ship.

4.5.2. Each member of the training crew is required to:

4.5.2.1. follow the commands and instructions of the permanent crew;

4.5.2.2. comply with the safety rules set out in these Regulations;

4.5.2.3. observe the absolute prohibition on smoking during the voyage and refrain from being under the influence of psychoactive substances (including drugs and intoxicants);

- 4.5.2.4.** conserve fresh water, which is available in limited quantities aboard the Ship;
- 4.5.2.5.** use the toilets in accordance with the instructions of the permanent crew;
- 4.5.2.6.** keep their berth and immediate surroundings tidy and store personal belongings in the designated lockers and storage compartments;
- 4.5.2.7.** respect the Ship's equipment and the property of other crew members.
- 4.5.3.** In addition, the training crew must observe the following rules:
 - 4.5.3.1.** the navigation cabin is reserved exclusively for the permanent crew and for a member of the training crew acting as a navigation assistant while underway;
 - 4.5.3.2.** the training crew may use only the toilets in the forward part of the Ship;
 - 4.5.3.3.** taking dishes or food onto the deck is prohibited;
 - 4.5.3.4.** standing in companionways or other passageways aboard the Ship is prohibited;
 - 4.5.3.5.** throwing rubbish overboard is prohibited, both in port and while underway.
- 4.5.4.** Failure to comply with the above rules may result in the crew member being put ashore at the nearest port and sent home at their own expense.
- 4.5.5.** If symptoms of seasickness occur, the person concerned should, where possible, vomit over the leeward side while using safety harnesses. Sinks and toilets must not be used for this purpose.

5. Conditions for Applying for a Voyage and Payment

- 5.1.** Participants forming part of the training crew must formally register for the voyage by the deadline set by the Shipowner, using the form available at www.zaruski.pl under the "Book a Voyage" tab. In the case of minors, registration must be completed by them in person or by their parents/legal guardians. Registration is a prerequisite for admission to the voyage.
- 5.2.** The Participant shall pay the flat-rate cost of participation in the voyage in the amount and manner specified by the Organiser in a separate notice.
- 5.3.** The costs of participation in the voyage include, among other things:
 - 5.3.1.** accommodation, full board and drinking water;
 - 5.3.2.** fuel for the Ship's engines and generator;
 - 5.3.3.** port and pilotage fees;
 - 5.3.4.** fuel for the dinghy's engine.

6. Rights and Obligations of the Organiser and Voyage Participants

- 6.1.** The Organiser shall cover all expenses related to the employment of qualified permanent crew and to maintaining the Ship in proper technical condition throughout the voyage.
- 6.2.** The Organiser reserves the right to select or change the voyage route and the number and order of ports visited in response to weather conditions and in the interests of the safety of the crew and the Ship.
- 6.3.** The Organiser reserves the right to cancel a voyage for reasons beyond its control, including, in particular, decisions of public authorities, force majeure, or a need justified by the public interest.
- 6.4.** The Organiser shall promptly notify the Participants of any circumstances arising during the voyage that prevent the fulfilment of obligations under these Regulations.
- 6.5.** From embarkation until disembarkation, the Participant shall comply with all instructions issued by the Organiser, in particular by the Master, concerning the safety of navigation, good seamanship and compliance with these Regulations.
- 6.6.** The Participant shall actively take part in all duties associated with staying aboard and sailing the Ship, including assisting with manoeuvres and the operation of the Ship, preparing meals and keeping the Ship tidy, to the extent agreed with members of the officers' crew and watch leaders.

- 6.7. A Participant on an international voyage must carry a valid identity card (for travel within European Union Member States and the Schengen Area) or passport, as well as a European Health Insurance Card (EHIC) valid for the entire duration of the voyage.
- 6.8. The Participant is covered by crew insurance for personal accidents and medical expenses abroad. The Participant may, however, arrange additional individual insurance at their own expense.
- 6.9. Where there are reasonable grounds to suspect that a Participant is under the influence of any substance referred to in Clause 4.5.2.3, the Participant or, in the case of a minor, their parent(s) or legal guardian(s), consents to a breathalyser test or drug test, failing which the Participant may be put ashore at the nearest port. In such circumstances, all costs of any further stay abroad and return to the country of residence shall be borne by the Participant.
- 6.10. In the event that a Participant seriously or persistently disrupts the established order of the voyage, or poses a threat to crew members, property or safety, the Organiser may put the Participant ashore at the nearest port. In such circumstances, all costs of any further stay abroad and return to the country of residence shall be borne by the Participant.
- 6.11. Before the voyage, Participants are advised to inform the Organiser of any personal circumstances that may affect their own safety, the safety of navigation or the safety of the Ship's crew, particularly health conditions, inability to perform certain activities aboard the Ship and any medication they take.

7. Safety of the Voyage and Rules Governing Participants' Involvement

- 7.1. Participants shall comply with applicable laws and regulations, the rules of navigational safety, the instructions of the Master and crew, and the principles of social coexistence. They shall conduct themselves in a manner that does not endanger the safety of the Ship, the crew or other Participants.
- 7.2. The Organiser may refuse to accept an application to participate and, after an agreement has been concluded, terminate it with immediate effect before the commencement of the voyage and refuse to admit the Participant to the voyage, where specific and credible information provides reasonable grounds for concluding that the Participant's involvement poses a real threat to the safety of navigation, the Ship or persons on board, or a material risk of serious disruption to the conduct of the voyage that endangers safety. These rights shall be exercised subject to mandatory provisions of law.
- 7.3. The assessment referred to in Clause 7.2 may be based, in particular, on credible information concerning the Participant's previous conduct during voyages, such as aggression, threats against other persons, serious breaches of safety rules or persistent failure to comply with safety-related instructions. The Organiser shall assess the nature and seriousness of such conduct and the risk of its recurrence during the planned voyage, verify the information received to the extent reasonably possible in the circumstances, and document the grounds for its decision.
- 7.4. The Organiser shall promptly notify the Participant of a decision made pursuant to Clauses 7.2 and 7.3, together with the reasons therefor, in writing or by email to the address provided in the application. Where an agreement has been concluded, the notice shall also constitute notice of termination of the agreement. The Organiser shall refund the full amount received for participation in the voyage within 7 days of delivery of the notice of termination or, in the event of refusal to accept an application, within 7 days of notification of that refusal.
- 7.5. Throughout the voyage, the Participant shall strictly comply with the instructions of the Master and crew issued in connection with the safety of navigation, the safety of the Ship, crew and Participants, and the proper conduct of the voyage.
- 7.6. Acting within the scope of the powers conferred upon the Master by applicable law, the Master may restrict a Participant's involvement in specific activities, order the Participant to leave a designated part of the Ship and, where justified by safety considerations, take other necessary measures in respect of the Participant, including requiring the Participant to leave the Ship at the nearest safe port, provided that this is legally and practically feasible.

- 7.7.** The Organiser and the Master shall take the measures referred to in this Clause with due regard to the need to ensure the safety of navigation and to protect the life and health of persons on board.
- 7.8.** The Participant shall provide the Organiser with any information known to the Participant that is necessary to assess the safety of their participation in the voyage, to the extent appropriate to the nature of the voyage and the Participant's obligations. Any request for information made by the Organiser shall be limited to information necessary for that assessment and shall comply with personal data protection legislation. The deliberate provision of false information or concealment of circumstances materially relevant to safety may constitute grounds for a decision under the conditions set out in Clauses 7.2–7.4, where it provides reasonable grounds for the risk assessment referred to in Clause 7.2.

8. Communications Between the Parties

- 8.1.** Subject to Clause 7.4, all notices and declarations made in connection with the voyage shall be made in writing and delivered in person or by post:
- 8.1.1.** on behalf of the Organiser—to Gdański Ośrodek Sportu (Gdańsk Sports Centre), ul. Traugutta 29, 80-221 Gdańsk, Poland;
- 8.1.2.** on behalf of the Participant—to the address provided in the Application referred to in Clause 5.1.
- 8.2.** The Organiser's representative responsible for the organisation of voyages is Krzysztof Dębski, Head of the Shipowners' Office, tel. +48 506 036 022, email: krzysztof.debski@sportgdansk.pl.

9. Final Provisions

- 9.1.** Matters not regulated by these Regulations shall be governed by generally applicable provisions of law, in particular the Civil Code and the Maritime Code.