



CRUISE REGULATIONS STS "GENERAL ZARUSKI"



1. General provisions.

- 1.1. These Regulations specify the conditions for participation in cruises and organisation of life on the STS "General Zaruski".
- 1.2. Reading the Regulations and accepting them is a condition for participation in the cruise on the STS "General Zaruski".
- 1.3. The ship's owner and the organizer of cruises on STS "General Zaruski" is Gdańsk Sports Centre, ul. Traugutta 29, 80-221 Gdańsk. TAX IDENTIFICATION NUMBER: 583-001-05-79, NATIONAL BUSINESS REGISTRY NUMBER: 000589228
- 1.4. All matters not specified in these Regulations shall be decided on the basis of:
 - 1.4.1. the provisions of the Maritime Code,
 - 1.4.2. principles of good maritime practice,
 - 1.4.3. orders and instructions of the captain of the STS "General Zaruski".

2. Objectives.

- 2.1. The mission of STS "General Zaruski" (hereinafter referred to as the ship) is the development of sailing, maritime education and acting as ambassador of the maritime ambitions of the City of Gdańsk.
- 2.2. The purpose of operating the ship is to provide sailing training and maritime education for young people and adults, to promote volunteering, to cooperate in local and supra-regional sailing programmes, to promote maritime traditions, and to perform a representative function for the City of Gdańsk. The ship also plays the role of a maritime ambassador for the Hanseatic City of Gdansk, promoting its links with the sea at home and abroad. The ship is used for the broadly understood needs of the City of Gdansk, and to co-organise cruises.

3. The crew.

- 3.1. Due to the training nature of the Ship, all embarked participants on the cruise are referred to as the crew.
- 3.2. The crew is divided into officers and trainees.
 - 3.2.1. The officers' crew is employed by the shipowner. It consists of the captain, the technical officer, the first officer and the officers of the watch. In justified circumstances, the participation of an additional member of the officer's crew - an instructor/officer of the watch, teaching staff on terms agreed with the shipowner is permissible.
 - 3.2.1.1. The Captain - the commander of the Ship, is responsible for the safety of the Ship and the crew,
 - 3.2.1.2. The Technical Officer - is responsible for the proper technical condition of the Ship, performs navigational watch,
 - 3.2.1.3. The First Officer - is responsible for the proper implementation of the educational and training programme, is responsible for catering, is on navigational watch.
 - 3.2.1.4. The Officers of the watch - independently run navigational watches, ensure the safety of navigation
 - 3.2.2. The training crew consists of the other participants in the cruise (hereinafter referred to as the Participants) divided into watches. Each watch appoints a so-called 'senior watch' - the most experienced sailor who helps to organise the work of their watch. Usually the role of senior watch is filled by the instructors and educators participating in the cruise.
 - 3.2.3. The student crew member must be at least 15 years of age and must not have any health or other problem with the sea voyage.
 - 3.2.4. A cruise participant who is unable to swim should report this to a member of the Ship's permanent crew before the start of the cruise.

4. Organisation of life on the Ship.

- 4.1. Embarkation and disembarkation.
 - 4.1.1. Embarkation of the Participants takes place at the moment of acceptance on board the Ship

and presentation to the First Officer of the relevant documents (passport, identity card and/or seaman's book) and signing on the crew list. The Participants who have embarked may deposit the relevant documents (passport, identity card and/or seaman's book) in a depository.

- 4.1.2.** Disembarkation occurs after the Ship has been fully clarified and the documents given to the crew on embarkation are returned.
- 4.2.** Training of the crew.
 - 4.2.1.** Shipboard training can be divided into two categories:
 - 4.2.2.** The first one - training in safety and operation of the Ship. Includes familiarisation with:
 - 4.2.2.1.** alarm system,
 - 4.2.2.2.** the location of rescue and fire-fighting equipment,
 - 4.2.2.3.** the location of emergency exits,
 - 4.2.2.4.** operation of life belts and safety belts,
 - 4.2.2.5.** operation of rigging and deck equipment.
 - 4.2.3.** The second one - the personal development of the Participants through the acquisition of sailing knowledge and skills, learning to work in a group, getting to know their strengths and weaknesses, developing interests and setting new horizons of thinking.
- 4.3.** Division into watches.
 - 4.3.1.** The crew participates in the following watches:
 - 4.3.1.1.** Navigation watch
 - 4.3.1.1.1.** is responsible for the safe operation of the Ship, in particular: steering, navigating, radio listening, visual and radar observation, observing the right of way, wearing appropriate lights or day signs, receiving weather forecasts, warnings and safety messages, keeping the logbook and performing the necessary sailing manoeuvres,
 - 4.3.1.1.2.** starts with a muster on the aft deck on the windward side five minutes before the scheduled assembly of the watch,
 - 4.3.1.1.3.** the crew shall go out on watch dressed according to weather conditions and wearing safety belts,
 - 4.3.1.1.4.** before the watch begins, the officer of the watch shall give instructions and the chief officer of the watch shall assign stations to the crew,
 - 4.3.1.1.5.** taking up and handing over the watch shall be performed punctually at the time indicated in the watch schedule,
 - 4.3.1.1.6.** during a navigational watch, one may only go below deck when instructed to do so by the officer of the watch,
 - 4.3.1.1.7.** between 10:00 p.m. and 6:00 a.m. every hour a person designated by the officer of the watch shall make a tour of the interior of the ship, noting any alarming situations: smoke or an unfamiliar smell, switching off unnecessary lights, securing moving objects, etc,
 - 4.3.1.1.8.** shall end when the watch is handed over to the next watch, the aft deck windward is assembled and the watch is relieved by the officer of the watch.
 - 4.3.1.2.** Anchor watch
 - 4.3.1.2.1.** is responsible for observing the situation at sea (anchorage area) while at anchor, controlling the geographical position and depth, checking the anchor hold and chain position, controlling the correct lighting of the Ship, listening to the radio,
 - 4.3.1.2.2.** maintains order on deck and performs Ship's rounds analogous to the navigation watch between 10:00 p.m. and 6:00 a.m,
 - 4.3.1.2.3.** two crew members may share the watch with the officer of the watch, taking turns each hour if conditions permit.
 - 4.3.1.3.** Economy watch (galley watch)
 - 4.3.1.3.1.** lasts 24 hours, the changeover takes place at 9:00 p.m,
 - 4.3.1.3.2.** prepares and delivers meals at the times established in the daily schedule,
 - 4.3.1.3.3.** cleans up after meals and washes dishes,
 - 4.3.1.3.4.** ensures that all areas of the Ship are kept in order,

- 4.3.1.3.5. strictly follows the rules of hygiene and safety, especially when working in the galley.
 - 4.3.1.4. Port watch
 - 4.3.1.4.1. is responsible for the safe mooring of the Ship, controlling the work of the moorings and fenders,
 - 4.3.1.4.2. is responsible for the proper supervision of the Ship, including checking persons entering and leaving the Ship,
 - 4.3.1.4.3. maintains order on deck and makes rounds of the Ship between 10:00 p.m. and 6:00 a.m.
 - 4.3.2. The applicable watch schedule is posted in the navigation cabin and the crew mess.
- 4.4. Daily schedule.
 - 4.4.1. The following daily schedule applies on the Ship:

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| 7:00 a.m. | Wake-up |
| 7:00-7:30 a.m. | Morning routine |
| 7:30 a.m. | Breakfast |
| 8:00 a.m. | Flag raising, roll call on board |
| 9:00 a.m.-1:00 p.m. | Programme activities |
| 1:30 p.m. | Lunch |
| 4:30 p.m. | Afternoon tea |
| 7:30 p.m. | Dinner |
| 10:00 p.m.-7:00 a.m. | Lights-out period |

- 4.5. Discipline and behaviour on the Ship.
 - 4.5.1. The Participants forming part of the school crew are obliged to observe these Regulations and also to participate in all works resulting from operational needs, in agreement with the Organiser.
 - 4.5.2. Each member of the student crew is required to:
 - 4.5.2.1. follow the commands and instructions of the permanent crew,
 - 4.5.2.2. comply with the safety rules described in these Regulations,
 - 4.5.2.3. respect the total ban on smoking during the cruise, as well as being under the influence of psychoactive substances (drugs, stimulants, etc.),
 - 4.5.2.4. save fresh water, of which there are limited resources on board,
 - 4.5.2.5. use the toilets in accordance with the instructions of the permanent crew,
 - 4.5.2.6. to keep their berth and immediate surroundings tidy and to keep their personal belongings in the cabinets and lockers provided for this purpose,
 - 4.5.2.7. respect the Ship's equipment and the belongings of other crew members.
 - 4.5.3. In addition, the school crew should adhere to the following guidelines:
 - 4.5.3.1. the navigation cabin is intended exclusively for the accommodation of the crew and a member of the school crew acting as an assistant to the navigator when sailing,
 - 4.5.3.2. the school crew may only use the bow toilets,
 - 4.5.3.3. it is forbidden to take dishes and food on board,
 - 4.5.3.4. it is forbidden to stand in gangways and other passageways on the Ship,
 - 4.5.3.5. it is prohibited to throw litter overboard, both in port and when sailing.
 - 4.5.4. Failure to comply with these guidelines may result in the crew being disembarked in the nearest port and sent back to their place of residence at their own expense.
 - 4.5.5. For symptoms of seasickness, vomit overboard on the leeward side using belts if possible; avoid using sinks and toilets for this purpose.

5. Cruise application and payment conditions.

- 5.1. Participants who are part of the school crew are required to formally register their participation in the cruise by the deadline specified by the shipowner, using the form available at www.zaruski.pl ("Book a cruise" tab), either in person or through their parents/legal guardians if they are minors. Registration is a mandatory requirement for admission to the cruise.
- 5.2. The participant is obliged to cover the lump sum costs of their participation in the cruise in the amount and

manner specified by the Organiser in a separate communication.

5.3. The costs of participating in the cruise include among others:

5.3.1. accommodation and full victuals and drinking water

5.3.2. fuel for the Ship's engines and generator set

5.3.3. port and pilotage fees

5.3.4. fuel for dinghy engine

6. Rights and obligations of the Organiser and the Cruise Participants.

6.1. The Organiser covers all expenses related to the employment of qualified permanent crew and the maintenance of proper technical efficiency of the Ship during the Cruise.

6.2. The Organiser reserves the right to select or change the route of the cruise and the number and sequence of ports to be visited due to weather conditions and the safety of the crew and the Ship.

6.3. The Organiser reserves the right to cancel the cruise for reasons beyond their control, including, in particular, decisions of state authorities, force majeure, and also if there is a need justified by the public interest.

6.4. The Organiser shall immediately notify the Participants of any obstacles to the fulfilment of their obligations under the Regulations which arise during the cruise.

6.5. From the moment of embarkation until the moment of disembarkation, the Participant is obliged to follow all instructions of the Organiser, in particular those of the Captain concerning the safety of sailing, good seamanship and compliance with the Regulations.

6.6. The Participant is obliged to actively participate in all duties connected with staying and sailing on the Ship, including assisting in manoeuvring and running the Ship, preparing meals or maintaining order, to the extent agreed with members of the officer's crew and senior watchmen.

6.7. The Participant of **a cruise abroad** is obliged to have during the cruise a valid **identity card** (European Union countries and the Schengen area) or a **passport**, as well as an **EHIC (European Health Insurance Card)** valid for the entire period of the cruise.

6.8. The Participant is covered by the crew insurance for accidents and medical expenses abroad. They may, however, obtain additional individual insurance on their own and at their own expense.

6.9. In the event of a justified suspicion that the Participant is under the influence of the substances specified in point

4.5.2.3. the Participant or - in the case of a minor Participant - their parents/legal guardians, agree to be examined by a breathalyser or drug tests, under pain of disembarkation at the nearest port. All costs of further stay abroad and return home in such circumstances shall be borne by the Participant.

6.10. In the event of gross or persistent violation of the established order of the cruise by the Participant or posing a threat to crew members, property or safety rules, the Organiser may disembark the Participant at the nearest port. All costs of further stay abroad and return home in such circumstances shall be borne by the Participant.

6.11. It is recommended that prior to sailing the Participant informs the Organiser about facts concerning themselves that have an impact on their personal safety, the safety of navigation and the crew of the Ship, especially about any health dysfunctions, inability to perform certain activities on the Ship and any medications taken.

7. Communication of the parties.

7.1. All statements made in connection with the cruise will be provided in writing and delivered in person or by post:

7.1.1. on the Organiser's side - to the address of Gdańsk Sports Centre, ul. Traugutta 29, 80-221 Gdańsk.

7.1.2. on the Participant's side - to the address specified in the Application referred to in point 5.1

7.2. The Organiser's representative in the field of cruise organisation is Krzysztof Dębski, manager of the Shipowner's

Office, tel. +48 506 036 022, email: krzysztof.debski@sportgdansk.pl.

8. Final provisions.

8.1. In matters not regulated by these Regulations, generally applicable legal regulations shall apply, including in particular the regulations of the Civil Code and the Maritime Code.